

Book Vault News January 2023

Happy New Year!

We hope the new year is filled with wonderful memories, good health, and lots of good reads for you.

What were your favorite reads of 2022? Did you pick up:

- [*Life on the Mississippi: An Epic American Adventure*](#)
- [*Lessons in Chemistry*](#)
- [*Horse*](#)
- [*Saved by Schindler*](#)
- [*Bet the Farm: The Dollars and Sense of Growing Food in America*](#)
- [*Malibu Rising*](#)
- [*Book Lovers*](#)

These were some of the Book Vault's best sellers.

Have you put your reading list for 2023 together? When you stop in, we'd love to talk about your list with you. We can also special order any of your books.

Thank you all for making 2022 so successful. We couldn't be here without your support. Let us know what you'd like to see become regular items in the store. We love being **the bookstore with so much more!** Did you like the Blake Hill Jams, Aria Rose lotions, eeBoo toys, Ooly, art supplies, or our many new kitchen gadgets? Let us know your favorites when you visit!

What are your New Year goals? Among our goals for 2023 will be to bring more author and cooking events to Book Vault. (Stay tuned for more information.)

We would love to hear from you. What would *you* like to see happen at the Book Vault? Please feel free to stop in and share your ideas with us!

Happy Reading in 2023,
The Book Vault Team

Visit our Website

Book Vault Winter Catalog
Shop the catalog through January 31, 2023



Book Vault Book Clubs

Non-Fiction Book Club

(meets first Friday of each month)

Friday, January 6

Noon

[*Talking to Strangers: What We Should Know About the People We Don't Know*](#)

by Malcolm Gladwell

Mammothly Curious Book Club

Tuesday, January 17

5:30 PM

[*The Jungle Book*](#) by Rudyard Kipling

Tuesday Evening Book Club

Tuesday, January 17

5 PM

[*The Outside Boy*](#) by Jeanine Cummings

Young Professionals Book Club

Wednesday, January 18

6:00 PM

[*Gone with the Wind*](#) (second half) by Margaret Mitchell

Lunch Bunch Book Club

(meets the 4th Friday of the month at 11 AM)

Thursday, January 27

11:00 AM

[*The Alice Network*](#) by Kate Quinn

Book Vault Book Clubs are open to all. Members receive a 15% discount on book club titles. Call us for more information!

[January Events](#)

[Penn Central Mall Puzzle Contest](#)

Sponsored by Book Vault

Saturday, January 28, 2023

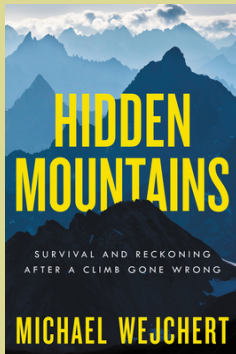
Family competition 10am -12 pm

Team competition 1-4pm

Yoga with Veronica ♀

No Yoga January and February 2023

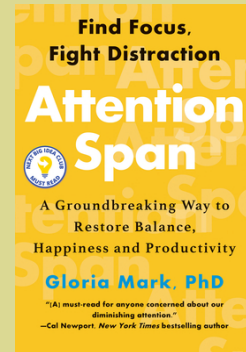
New Releases January 2023



The story of a climbing adventure gone wrong in a remote Alaskan mountain range, the impossible rescue attempt that followed, and the fraught cost of survival. In 2018, two couples set out on a climbing expedition to Alaska's Hidden Mountains, one of the last wild ranges in North America. A rarity in modern climbing, the peaks were nearly unexplored and untouched, a place where few people had ever visited and granite spires still awaited first ascents. Inspired by generations of daring alpinists before them, the four climbers were now compelled to strike out into uncharted territory themselves. This trip to the Hidden Mountains would be the culmination of years of climbing together, promising to test the foursome's skill and dedication to the sport. But as the climbers would soon discover, no amount of preparation can account for the unknowns of true wilderness. As they neared the top of an unclimbed peak, rockfall grievously injured one of the climbers while he was out of sight,



A year after her divorce, Joyce is settling into being single again. She likes her job archiving family photos and videos, and she's developed a secret comforting hobby: trolling the neighborhood social networking site, Small World, for posts that help solve life's easiest problems. When her older sister, Lydia, also divorced, calls to tell her she's moving back east from Los Angeles after almost thirty years away, Joyce invites Lydia to move into her Cambridge apartment. Temporarily. Just until she finds a place of her own. But their unlikely cohabitation—not helped by annoying new neighbors upstairs—turns out to be the post-divorce rebound relationship Joyce hadn't planned on. Instead of forging the bond she always dreamed of having with Lydia, their relationship frays. And they rarely discuss the loss of their sister, Eleanor, who was significantly disabled and died when she was only ten years old. When new revelations from their family's history come to



We spend an average of just 47 seconds on any screen before shifting our attention. It takes 25 minutes to bring our attention back to a task after an interruption. And we interrupt ourselves more than we're interrupted by others.

In *Attention Span*, psychologist Gloria Mark reveals these and more surprising results from her decades of research into how technology affects our attention. She shows how much of what we think we know is wrong, including insights such as:

- Why multitasking hurts rather than helps productivity
- How social media and modern entertainment amplify our short attention spans
- What drains our mental resources and how to refuel them
- The four types of attention that we experience every day and how to recognize them

This book reveals how we can take control, not only to find more success in our

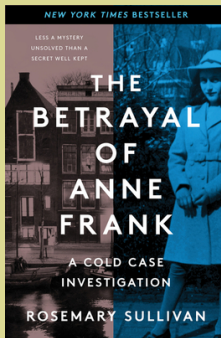
leaving him stranded and in critical condition. Over the course of the next nine hours, the other three climbers worked to reach their companion. What followed was a pulse-pounding rescue attempt by Alaska's elite Pararescuers in one of the most remote regions in the country—raising difficult questions about wilderness accessibility, technology's role in outdoor adventure, and what it means to weigh risk against the siren song of the mountains.

Ecco
January 27.2023

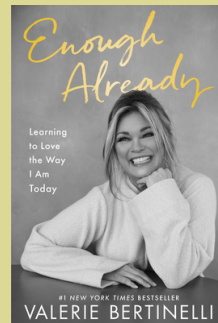
light, will those secrets further split them apart, or course correct their connection for the future? Written with wry humor and keen sensitivity, *Small World* is a powerful novel of sisterhood and hope—a reminder that sometimes you have to look back in order to move ahead.

Ecco
January 10,2323

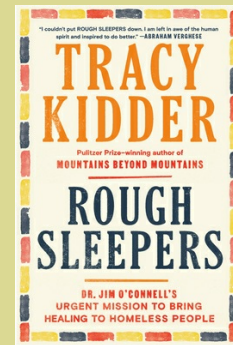
careers, but also to find health and wellness in our everyday lives.
Hanover Square Press
January 10.2023



Less a mystery unsolved than a secret well kept... Using new technology, recently discovered documents and sophisticated investigative techniques, an international team—led by an obsessed retired FBI agent—has finally solved the mystery that has haunted generations since World War II: Who betrayed Anne Frank and her family? And why? Over thirty million people have read *The Diary of a Young Girl*, the journal teen-aged Anne Frank kept while living in an attic with her family and four other people in Amsterdam during World War II, until the Nazis arrested them and sent them to a concentration camp. But despite the many works—journalism, books, plays and novels—devoted to Anne's story, none has ever conclusively explained how these eight people managed



Beloved actress, Food Network personality, and New York Times bestselling author Valerie Bertinelli reflects on life at sixty and beyond. Behind the curtain of her happy on-screen persona, Valerie Bertinelli's life has been no easy ride, especially when it comes to her own self-image and self-worth. She waged a war against herself for years, learning to equate her value to her appearance as a child star on *One Day at a Time* and punishing herself in order to fit into the unachievable Hollywood mold. She struggled to make her marriage to Eddie Van Halen — the true love of her life — work, despite all the rifts the rock-star lifestyle created between them. She then watched her son follow in his father's footsteps, right up onto the stage of Van Halen concerts, and begin his own music career. And like so many women,



Tracy Kidder has been described by *The Baltimore Sun* as a “master of the nonfiction narrative.” In *Rough Sleepers*, Kidder shows how one person can make a difference, as he tells the story of Dr. Jim O’Connell, a gifted man who invented ways to create a community of care for a city’s unhoused population, including those who sleep on the streets—the “rough sleepers.”

When Jim O’Connell graduated from Harvard Medical School and was nearing the end of his residency at Massachusetts General Hospital, the chief of medicine made a proposal: Would he defer a prestigious fellowship and spend a year helping to create an organization to bring health care to homeless citizens? Jim took the job because he felt he couldn’t refuse. But that year

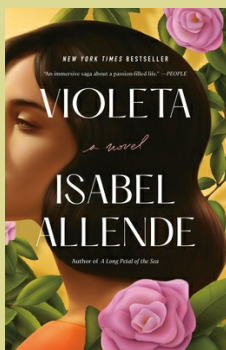
to live in hiding undetected for over two years—and who or what finally brought the Nazis to their door. With painstaking care, retired FBI agent Vincent Pankoke and a team of indefatigable investigators pored over tens of thousands of pages of documents—some never before seen—and interviewed scores of descendants of people familiar with the Franks. Utilizing methods developed by the FBI, the Cold Case Team painstakingly pieced together the months leading to the infamous arrest—and came to a shocking conclusion.

The Betrayal of Anne Frank: A Cold Case Investigation is the riveting story of their mission. Rosemary Sullivan introduces us to the investigators, explains the behavior of both the captives and their captors and profiles a group of suspects. All the while, she vividly brings to life wartime Amsterdam: a place where no matter how wealthy, educated, or careful you were, you never knew whom you could trust. Harper Perennial
January 17, 2023

she cared for her parents as their health declined and saw the roles of parent and child reverse. Through mourning the loss of her parents, discovering more about her family's past, and realizing how short life really is when she and her son lost Eddie, Valerie finally said, "Enough already!" to a lifelong battle with the scale and found a new path forward to joy and connection. Despite hardships and the pressures of the media industry to be something she's not, Valerie is, at last, accepting herself: she knows who she is, has discovered her self-worth, and has learned how to prioritize her health and happiness over her weight. With an intimate look into her insecurities, heartbreaks, losses, triumphs, and revelations, *Enough Already* is the story of Valerie's sometimes humorous, sometimes raw, but always honest journey to love herself and find joy in the everyday, in family, and in the food and memories we share. Harvest
January 31, 2023

turned into his life's calling. Tracy Kidder spent five years following Dr. O'Connell and his colleagues as they served their thousands of homeless patients. In this illuminating book we travel with O'Connell as he navigates the city, offering medical care, socks, soup, empathy, humor, and friendship to some of the city's most endangered citizens. He emphasizes a style of medicine in which patients come first, joined with their providers in what he calls "a system of friends."

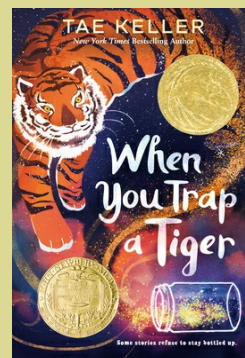
Much as he did with Paul Farmer in *Mountains Beyond Mountains*, Kidder explores how a small but dedicated group of people have changed countless lives by facing one of American society's difficult problems instead of looking away. Random House
January 17, 2023



Violeta comes into the world on a stormy day in 1920, the first girl in a family with five boisterous sons. From the start, her life is marked by extraordinary events, for the ripples of the Great War are still being felt, even as the Spanish flu arrives on the shores of her South American homeland almost



THE MUST-READ MULTIMILLION BESTSELLING MYSTERY SERIES • The final book in the *A Good Girl's Guide to Murder* series that reads like your favorite true crime podcast or show. By the end, you'll never think of good girls the same way again...



WINNER OF THE NEWBERY MEDAL • NEW YORK TIMES BESTSELLER • WINNER OF THE ASIAN/PACIFIC AMERICAN AWARD FOR CHILDREN'S LITERATURE

Would you make a deal with a magical tiger? This uplifting story brings Korean

at the moment of her birth.

Through her father's prescience, the family will come through that crisis unscathed, only to face a new one as the Great Depression transforms the genteel city life she has known. Her family loses everything and is forced to retreat to a wild and beautiful but remote part of the country. There, she will come of age, and her first suitor will come calling.

She tells her story in the form of a letter to someone she loves above all others, recounting times of devastating heartbreak and passionate affairs, poverty and wealth, terrible loss and immense joy. Her life is shaped by some of the most important events of history: the fight for women's rights, the rise and fall of tyrants, and ultimately not one, but two pandemics.

Through the eyes of a woman whose unforgettable passion, determination, and sense of humor carry her through a lifetime of upheaval, Isabel Allende once more brings us an epic that is both fiercely inspiring and deeply emotional.
Ballantine Books
January 24, 2023

Pip is about to head to college, but she is still haunted by the way her last investigation ended. She's used to online death threats in the wake of her viral true-crime podcast, but she can't help noticing an anonymous person who keeps asking her: *Who will look for you when you're the one who disappears?*

Soon the threats escalate and Pip realizes that someone is following her in real life. When she starts to find connections between her stalker and a local serial killer caught six years ago, she wonders if maybe the wrong man is behind bars.

Police refuse to act, so Pip has only one choice: find the suspect herself—or be the next victim. As the deadly game plays out, Pip discovers that everything in her small town is coming full circle . . . and if she doesn't find the answers, this time she will be the one who disappears. . .

Ember

January 31, 2023

folklore to life as a girl goes on a quest to unlock the power of stories and save her grandmother.

When Lily and her family move in with her sick grandmother, a magical tiger straight out of her halmoni's Korean folktales arrives, prompting Lily to unravel a secret family history. Long, long ago, Halmoni stole something from the tigers. Now they want it back. And when one of the tigers approaches Lily with a deal—return what her grandmother stole in exchange for Halmoni's health—Lily is tempted to agree. But deals with tigers are never what they seem! With the help of her sister and her new friend Ricky, Lily must find her voice . . . and the courage to face a tiger. Yearling
January 3, 2023